

## SPEAKER BIO:



Yve Bowen, AKA Yve Anmore, is a Transformational Coach, and Limiting Belief Specialist, at **You Deserve A Life You Love**. She works primarily with spiritual entrepreneurs, creatives and neurodivergent folk.

Yve is highly intuitive and guides you to see beneath your surface beliefs to the limiting beliefs that are keeping you from achieving your goals.

She supports you to tap into your intuitive nature so you're able to cultivate more self-love, self-awareness and self-forgiveness in order to expand your ideas around what's possible for your life.

Yve is the author of *First Awakenings*, a collection of simple yet healing short stories. Each story's message is amplified by its accompanying guided wisdom.

### Talks and Workshops Include:

#### Creating a Conscious Relationship with Life:

In this presentation, Yve examines what is required for us to have a conscious relationship with life. She introduces the five key elements of a conscious life that support us in navigating our lives with more presence, compassion, authority, authenticity, and awareness.

#### True Success Comes From Within:

Yve explores the impact of limiting beliefs on outer success. What unacknowledged limiting beliefs are driving the choices we make in life? What would our lives be like if we were willing to investigate and transform those limiting beliefs? Can we create authentic success with the help of our limiting beliefs?

#### The Power of Awareness:

Awareness is the key to everything. We take action from our level of awareness. We think from our level of awareness. We react or respond from our level of awareness. But do we consciously view our lives through the lens of awareness?

#### Previous Invites Include:

International Women's Day – Brighton Dome | QuintaSensual – Compton Dundon | Black History Month Events – Sussex | Love Spirit Festival – London | International Women's Conference - Portugal | [Invite Yve to Speak at Your Event](#)